

# Week 1 Menu

Weekly menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal £1.60	Creamy Macaroni Pasta Bake	Filled Pitta Pocket with Falafel Balls	Baked Fillet of Salmon with Teriyaki Sauce	Soya Mince Bolognaise	Vegetarian Nugget with Gravy
Alternative Meal £1.60	Lentil Rissole with Onion Gravy	Butternut Squash and Fagioli Beans Casserole	Lentil & Vegetable Stir Fry Noodles	Cottage Pie with Cheese Topping	Red Onion & Mushroom Risotto
Speciality Salad From £1.90	Potato & Schnitzel Salad	Tuna Nicoise Salad	Mediterranean Cous Cous Salad	Tuna Sweet corn Pasta Salad	Caesar Salad
Accompaniment 50p / 65p	Plain Pasta New Potatoes Sliced Carrots Green Salad	Cous Cous Peas & Sweetcorn Tossed Salad	New Potatoes Green Beans Tossed Salad	Pasta Spaghetti Cauliflower Florets Mixed Salad	New Potatoes Sauté Cabbage Tossed Salad Chipped potatoes
Dessert of the Day 90p	Carrot & Orange Cake served with Custard Sauce	Apple & Pear Crumble with Custard Sauce	Chocolate Cake with Chocolate Sauce	Bakewell Tart with Custard Sauce	Coconut Rock Cake with Vanilla Sauce
Spud Corner £1.90	Filled Jacket Potato served with side Salad	Filled Jacket Potato served with side Salad	Filled Jacket Potato served with side Salad	Filled Jacket Potato served with side Salad	Filled Jacket Potato served with side Salad

