

Week 2 Menu

Weekly menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal £1.80	Jollof Rice with Vegetarian Sausage & Peppers	Spinach & Ricotta Cannelloni	Sweet Chilli Kofta Kebab Wrap	Pumpkin Curry with Chickpea & Vegetables	Maize Coated Hake Fillet with Tartare Sauce
Alternative Meal £1.80	Spinach & Egg Wellington	Mock Chicken & Root Vegetable Goulash	Cauliflower & Cheese Bake	Homemade Fish Cake With Lemon Sauce	Lemon & Herb Roasted Vegetable Quiche
Speciality Salad From £1.90	Gastro Box Grab & Go	Gastro Box Grab & Go	Gastro Box Grab & Go	Gastro Box Grab & Go	Gastro Box Grab & Go
Accompaniment 50p / 70p	New Potatoes Plain Rice Sliced Carrots Garden Peas	Plain Pasta Steamed Wheat Swede & Peas Steamed Cauliflower	New Potatoes Baked Potato Wedges Fresh Green Beans Crunchy Salad	Steamed Basmati rice New Potatoes Garden Peas Baton Carrots	Boiled Potatoes Braised Red cabbage Tossed Salad Chipped potatoes
Dessert of the Day 90p	Blueberry Sponge with Custard Sauce	Marbled Chocolate & Vanilla Cake with Chocolate Sauce	Apple & Cinnamon Pie with Custard Sauce	Chocolate & Beetroot Brownie with Custard Sauce	Cherry Muffin with Custard sauce
Spud Corner £1.90	Filled Jacket Potato served with side Salad	Filled Jacket Potato served with side Salad	Filled Jacket Potato served with side Salad	Filled Jacket Potato served with side Salad	Filled Jacket Potato served with side Salad

