

PSHE – Tutor Time – Career Programme 2024-25

Year Group	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
7	Intro to Unifrog 11-14 student launch video	Who am I?	What are my interests?	What is a career? Careers Fair Prep (KS3 Careers Fair)	Challenges and rewards of work	
8	Intro to Unifrog 11-14 student launch video	Who am I?	What are my interests?	What is a career? Career Fair prep (KS3 Careers Fair)	Challenges and rewards of work	Work Shadowing Preparation
9	Intro to Unifrog 11-14 student launch video		Decision making: choosing what to study at KS4	What comes after school: the main learning pathways Career Fair prep (KS3 Careers Fair)	Taking control of your career journey	
10	Intro to Unifrog 11-14 student launch video		What comes after school: the main learning pathways	Taking control of your learning journey Careers Fair Prep (KS4 Careers Fair)	What is the labour market and why is it important?	Work shadowing preparation

11	What comes after school: the main learning pathways	Post 16 – Choices, Choices	What type of career is best for me?	What is the labour market and why is it important? Careers Fair Prep (KS4 Careers Fair)		
12	Post 18 – Choices, Choices Using the UK universities tool to find the best fit Using the Oxbridge tool to find the best fi	How to choose your university subject Making the most of UK university visits	Drafting your Personal Statement	Using the apprenticeships tool to find the best fit Careers Fair Prep (KS5 Careers Fair)	Finalising your Personal Statement	Preparing to go on work experience
13 - ALL	Personal Statement	Preparing for a UK university interview Preparing for an Oxbridge interview	UCAS next steps: firm and insurance choices	Careers Fair Prep (KS5 Careers Fair)	Coping with change: moving away to university	

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Oxbridge/Vet/Med Group	Personal branding: your CV and online profile Personal Statement Completing UCAS application	Preparing for an Oxbridge interview				
Apprenticeship Group	Using the apprenticeships tool to find the best fit	Applying to an apprenticeship	Preparing for an employer assessment day			
Employment group	Personal branding: your CV and online profile Personal Statement Completing UCAS application		Preparing for an employer assessment day			